

1.2 oz Goodyman[®] Marshmallow Crispy Squares

CODE #: 9426

UPC ITEM #: 0 91464 94260 9

Nutrition Amount/Serving %DV* Amount/Serving %DV*

Facts	Total Fat	3g	5%	Total Carb	25g	8%
Serv. Size 1 Crispy	Sat. Fat	1.5g	7%	Fiber	0g	0%
1.2 oz. (34g)	Trans Fat	0g		Sugars	11g	
Calories 130	Cholest	0mg	0%	Protein	1g	
Fat Calories 30	Sodium	170mg	7%			

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 2% • Vitamin C 0% • Calcium 0%
 Iron 10% • Niacin 4% • Thiamine 10%
 Riboflavin 10% • Folic Acid 10% • Vitamin D 2%

Product Contribution

3/4 Bread

Grams of Enriched: 11.48g

Diabetic Exchange

2 breads + 1/2 fats

Carb counting = 25g

Bread Count Qualification

As stated in the 2004 USDA food buying guide, foods that qualify as grains/breads in the Child Nutrition Program are made with enriched or whole grains, or are made from enriched or whole grain meal and/or flour. Cereals that are used as an ingredient in another menu item, such as crispy rice treats, that are enriched, whole grain or fortified also qualify as a grain/bread. The product must contribute 14.75g of enriched or fortified puffed rice to equal 1 bread serving.

The Crispy squares are formulated with slightly more than 33% fortified puffed rice. Therefore, by multiplying 1.6oz or 45g x .33, we find the large Crispy square contains 14.99g of fortified puffed rice (equaling one bread). Our smaller squares meet portions of this number 1.2 oz or 34g x .33 = 11.33g or 3/4 Bread, 0.8oz or 23g x .33 = 7.66g or 1/2 Bread.

Ingredients

MILLED RICE, CORN SYRUP, SUGAR, MARGARINE (PALM OIL, SOYBEAN OIL, WATER, SALT, MONOGLYCERIDES, SOY LECITHN, SODIUM BENZOATE & CITRIC ACID [PRESERVATIVES], ARTIFICIAL FLAVOR, BETA CAROTENE COLOR, VITAMIN A PALMITATE), CRYSTALLINE FRUCTOSE, WATER, HIGH FRUCTOSE CORN SYRUP, contains 2% or less of the following ingredients: GLYCERINE, GELATIN, CORN SYRUP SOLIDS, ARTIFICIAL FLAVORS, SALT, MALT SYRUP, MONOGLYCERIDES, SOY LECITHIN, VITAMIN A PALMITATE, ASCORBIC ACID, REDUCED IRON, NIACINAMIDE, VITAMIN D3, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE, FOLIC ACID, BHT (PRESERVATIVE).

CONTAINS: SOY, MILK

cs/ct	64
case dimensions	12" L x 12" W x 7.75" H
case cube	0.65
case weight	7.0 lbs.
cases per pallet	120
TIHi	12 x 10

Shelf Life

Shelf Stable: 9 months

