

School Health NEWS

Education Service Center, Region 20

November 2008

Enjoy your Thanksgiving Holiday!

Texas School Health Association (TSHA)

Through Education and Advocacy, Making a difference! A TEAM Approach to Healthy Texas Youth!
January 30-31, 2009 in Austin, TX

Click on the following link to register: <http://www.txschoolhealth.org/>

This is an excellent State conference for anyone that plays a role in the Coordinated School Health team or SHAC: nurses, child nutrition staff, PE and Health teachers, counselors, parents & community agencies!

School Health Excel

November 20, 2008

Part I: Coordinated School Health & SHAC's in Texas, 9-11:30 a.m.
An overview of the history of, mandates for, and role of Coordinated School Health and SHAC's in Texas.

Part II: Action Planning for Success, 12:30-3:30 p.m.
An opportunity to assess existing school health programs and engage in facilitated action planning with your CSH team or SHAC.

YUM-O! empowers kids and their families to develop healthy relationships with food and cooking

Check out this excellent resource to share with your students & parents!

<http://www.yum-o.org>

November Kitchen Road Map: http://www.yum-o.org/downloads/Yum-o!_Kitchen_Road_Map_November_2008.pdf

October Kitchen Road Map: http://www.yum-o.org/downloads/Yum-o!_Kitchen_Road_Map_October_2008.pdf

Brought to you by Rachel Ray's Yum-O and the Alliance for a Healthier Generation

School Health Program Contact

Cassity Gutierrez, Educational Specialist

(210) 370-5489

cassity.gutierrez@esc20.net

School Health NEWS

DSHS Friday Beat

Click on the following link to access the October & November Issues: <http://www.dshs.state.tx.us/>

School Nurse Coordinator Meeting

December 10, 9-11:30 a.m.

An update on the HPV vaccine, *new* Power 2 Wait funding opportunity for school districts and more!

Please send an email to cassity.gutierrez@esc20.net if you'd like to suggest an agenda item or share something at the meeting.

A Skills Session for Playground and Sports Emergencies

December 10, 12:30-3:30 p.m.

Fee: \$30/Nurse Co-op None

3.0 Type 1 Nursing Contact Hours

Texas Education Telecommunications Network (T.E.T.N.)

Click on the following link to access documents from the recent FitnessGram TETN's, guidance on fitness assessment for students with disabilities, sample fitness assessment exemption letters & more: http://staffweb.esc12.net/~mbooth/TETN_coordinate_PED_SHAC/TETN_TEA_CSH_PED_SHAC.html

Marissa Rathbone from the Texas Education Agency (TEA) is seeking feedback on and suggestions for upcoming TETN's. Please send your comments directly to Marissa.Rathbone@tea.state.tx.us.



If your district chose Healthy & Wise as your middle school Coordinated School Health program, you need to incorporate SPARK P.E. to be in compliance.

If your district needs training on SPARK P.E. and would prefer to have it with other districts at ESC-20 to help off-set the costs, please contact Cassity Gutierrez at cassity.gutierrez@esc20.net.

School Health NEWS

Mark Your Calendars

December

Teen Summit

December 4, 2008
9:00 a.m. – 3:00 p.m.
Workshop# CA81204-K11
Fee: \$10

School Nurse Coordinator Meeting

December 10, 2008
9:00 a.m.-11:30 a.m.
Workshop #: CF81210-K01
Fee: No Cost

A Skills Session on Playground and Sports Emergencies

December 10, 2008
12:30 p.m.-3:30 p.m.
Workshop # CF81210-K02
Fee: \$30; Nurse Co-op None
3.0 Type 1 Nursing Contact Hours Provided

January

Addressing Mental Health Barriers for School Success

January 8, 2009
9:00 a.m.-12:00 p.m.
Workshop # CF90108-K01
Fee: \$25; Nurse Co-op None
2.0 Type 1 Nursing Contact Hours Provided

Suicide Prevention in Schools

January 8, 2009
12:30 p.m.-3:30 p.m.
Workshop # CF90108-K02
Fee: No Cost

Statewide School Nurse Update TETN

January 8, 2009
1:00 p.m.-4:00 p.m.
No Registration Required
Fee: No Cost

FitnessGram Implementation TETN

January 12, 2009
9:00 a.m.-12:00 p.m.
No Registration Required
Fee: No Cost

Family Violence & Sexual Assault Part II: Investigative Techniques, Stalking, & Issues in Immigrant Communities

January 15, 2009
8:00 a.m.-5:00 p.m.
Workshop # CF90115-K01
Fee: No Cost

Parenting and Paternity Awareness (P.A.P.A.) Training

January 20, 2009
8:30 a.m.-4:00 p.m.
Workshop #: CF90120-K01
Fee: No Cost

Critical Response from Beginning to End

January 21, 2009
8:30 a.m. – 4:00 p.m.
Workshop #

Family and Community Involvement Symposium

January 27, 2009
8:30 a.m. – 4:00 p.m.
Workshop #
Fee: \$30; Nurse Co-op None

Texas Fitness Now Grant TETN

January 28, 2009
1:00 p.m.-3:00 p.m.
No Registration Required
Fee: No Cost