

School Health NEWS

Education Service Center, Region 20

February 2009

Page 1: Information specific to PE/Health teachers and coordinators.

Page 2: Information specific to school nurses.

Page 3: Information for ALL school health professionals.

Page 4: Listing of upcoming workshops for February & March.

Pages 5-7: Attachments referenced within the newsletter.

Letter to Superintendents from the Office of the Attorney General on the P.A.P.A. Curriculum Training

HB 2176 requires that the Office of the Attorney General offer p.a.p.a. curriculum training to all health teachers in Texas, and that all health classes for high school credit implement the p.a.p.a. curriculum by the current school year. To date, over 3600 educators have been trained since January 2008. Records reflect that only about 60% of Texas school districts have sent at least one person to p.a.p.a. training. OAG's goal is to have the remaining 40% of districts reach compliance with HB 2176 by the start of next school year.

A letter was recently circulated from the Office of the Attorney General to superintendents within those districts that have not sent at least one person to the p.a.p.a. training. These districts need to ensure that someone gets trained as soon as possible. ESC-20 has offered several of these trainings over the past year. We are currently working to schedule an additional training in March. If your district needs to send a health teacher to training, please click on the following link to access the list of upcoming trainings:

http://www.oag.state.tx.us/cs/ofii/cs_papa_calendar.php

Fitnessgram 8.4 Update Now Available!!

The Fitnessgram 8.4 update is only available via web download at this location:

<ftp://fgupdate:GuppieFish@ftp.hkusa.com>

Regardless of the software version you have, it is strongly recommended that you update your current program so that you have the latest enhancements to the software. NOTE: For the network versions, you must update both the server and client.

If you have any questions concerning the update, please contact a Human Kinetics Technical Support team member at support@hkusa.com or 1-800-747-4457 and select option 3.

PEP Grant

The 2009 Carol M. White Physical Education Program (PEP) competition is now open. Click on the following link for the official announcement: <http://edocket.access.gpo.gov/2009/E9-956.htm> . The deadline for submission of applications is March 6, 2009.

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American Cancer Society's School Nurse Workshop

February 21, 2009 at ESC-20

Click on the following link for the schedule and registration information:

<ftp://ftp.esc20.net/SchoolHealth/2009schoolnurseworkshop.pdf>

Powerpoint from the January 8th Statewide School Nurse Update TETN

John Gemar's Powerpoint Presentation:

<http://www.dshs.state.tx.us/schoolhealth/docs/AAIPresentationTETN0109.ppt>

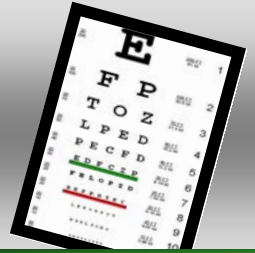
As DSHS indicated, no Type 1 Nursing Contact Hours will be provided for that session. They hope to have those available for the April 16 TETN.

Memo from the UTPA Border Health Office on the Risk Assessment for Type 2 Diabetes in Children Risk Electronic Factor System Compliance

Check out the memo on page 6 and Authorized Users Agreement on page 7.

Vision, Hearing, and Spinal Certification Classes

These classes are all full for February 2009. The classes will be offered again in August 2009. If you are needing to be trained prior to that, please contact Ramiro Martinez with DSHS Region 8 in San Antonio at 210-949-2039. He is the coordinator of the program for this area and trains at multiple locations.



March 25 Nurse Coordinator Meeting & CNE Workshops

Nurse Coordinator Meeting, 9-11 a.m., Workshop # CF90325-K01

Double Jeopardy: What are Teens and Sex?, 12:15-1:45 p.m., Workshop # CF90325-K02

Sex 911 & Tongue Tied, Info on the Law & Techniques for Taboo Talk, Workshop # CF90325-K03

REMINDER: The March 25th School Nurse Coordinator Meeting is in lieu of the originally scheduled February 18 & April 16 meetings.

SAVE THE DATE....1st Annual Spring School Health Services Summit, May 16

Great speakers, food, fun, networking, and Type 1 Nursing Contact Hours!

A Save the Date flyer will be sent via email in February.

School Health NEWS

Creating a Healthy School Culture: Coordinated School Health & SHAC's in Texas

February 23, 9 a.m.-12 p.m.

Do you have new SHAC members that need to be trained?

Do you have members of the district or campus CSH team that are seeking additional understanding of their role?

This FREE training is open to anyone...school district personnel, parents, community members, etc.

REMINDER: This workshop, originally scheduled for February 13, was moved to February 23 to coincide with the Effective School Health Programs TETN on February 23 from 1-3 p.m.

2008-2009 Mandatory School Health Survey from the Texas Education Agency: Deadline Extended to February 9th

The School Health Survey, required of all school districts with grades K-12, was due last Monday, January 26th. To date, TEA has received data from approximately half of the districts required to submit. If your district has not completed the requirement, TEA has extended the deadline until Monday, February 9th. If TEA does not hear from your district by close of Business on the 9th, they will contact the Superintendent directly. Go to page 5 to view the letter from TEA with information on the survey and how to access it.

If you have any additional questions, please feel free to call the Division of Health and Safety at 512.463.3070 and ask for Marissa, Ginny or Tammy for assistance.

DSHS Friday Beat

Click on the following link to access the January issues: <http://www.dshs.state.tx.us/schoolhealth/>

Texas Round-Up 2009

Check out the following link detailing current contests and promotions available to your school and to your students including the Governor's School Challenge, First Lady's T-shirt Design Competition, Fit Kid Challenge, and the free FitKids Toolkit.

<http://www.texasroundup.org/>

The 6th annual Texas Round-Up race and fitness festival is on April 24-25, 2009 in Austin.

School Health Program Contact

Cassity Gutierrez, Educational Specialist

(210) 370-5489

cassity.gutierrez@esc20.net

February

Central Texas Physical and Health Educators (SAPHE) Meeting

February 4, 2009

9:00 a.m.-12:00 p.m. (lunch provided)

No Registration Required

Integrating Technology into Physical Education

February 4, 2009

12:30 p.m.-3:30 p.m.

Workshop # CF90204-K01

Fee: \$25

Vision Screening Certification

February 10, 2009

8:30 a.m.-1:30 p.m.

Workshop #: CF90210-K01

Hearing Screening Certification

February 11, 2009

8:30 a.m.-1:30 p.m.

Workshop # CF90211-K01

Creating a Healthy School Culture: Coordinated School Health & SHAC's in Texas

February 23, 2009

9:00 a.m.-12:00 p.m.

Workshop # CF90213-K01

March

San Antonio Physical and Health Educators (SAPHE) Meeting

March 4, 2009

9:00 a.m.-11:00 a.m.

No Registration Required

Family Violence and Sexual Assault Part III: People with Disabilities and Older Adults, Victim Resources, & Community Coalitions

March 24, 2009

8:00 a.m.-5:00 p.m.

Workshop # CF90324-K01

Fee: \$25

FitnessGram Implementation TETN

March 25, 2009

9:00 a.m.-12:00 p.m.

No Registration Required

Fee: No Cost

Effective School Health Programs TETN

February 23, 2009

1:00 p.m.-3:00 p.m.

No Registration Required

Spinal Certification

February 24, 2009

9:00 a.m.-12:00 p.m.

Workshop # CF90224-K01

Risk Assessment for Type II Diabetes

February 24, 2009

1:00 p.m.-3:00 p.m.

Workshop # CF90224-K02

American Cancer Society's School Nurse Workshop

February 21, 2009

8:00 a.m.-4:00 p.m.

Registration is through the American Cancer Society

Type 1 Nursing Contact Hours Provided

Fee: \$35

Vision and Hearing Re-certification

February 25, 2009

8:30 a.m.-1:30 p.m.

Workshop # CF90225-K01

School Nurse Coordinator Meeting

March 25, 2009

9:00 a.m.-11:00 a.m.

Workshop # CF90325-K01

Double Jeopardy: What are Teens & Sex?

March 25, 2009

12:15 p.m.-1:45 p.m.

Workshop # CF90325-K02

Fee: \$10; Nurse Co-op None

1.5 Type 1 Nursing Contact Hours Provided

Sex 911 & Tongue Tied: Information on the Law and Techniques for Taboo Talk

March 25, 2009

2:00 pm.-4:00 p.m.

Workshop # CF90325-K03

Fee: \$10; Nurse Co-op None

2.0 Type 1 Nursing Contact Hours Provided

Schedule Changes

(as noted in previous weekly announcements)

Events on February 23 Instead of February 13

- ◆ Creating a Healthy School Culture: CSH & SHAC's in Texas, 9 a.m.-12 p.m.
- ◆ Effective School Health Programs TETN, 1-3 p.m.

Events on March 25 instead of February 18

- ◆ School Nurse Coordinator Meeting, 9-11 a.m.
- ◆ Double Jeopardy: What are Teens and Sex?, 12:15-1:45 p.m.
- ◆ Sex 911 & Tongue Tied: Info on the Laws and Techniques of Taboo Talk, 2-4 p.m.

December 16, 2008

TO THE ADMINISTRATOR ADDRESSED:

Subject: 2008-2009 School Health Survey

The purpose of this letter is to notify school districts of the requirement to respond to the 2008-2009 School Health Survey per the Texas Education Code §38.0141. This requirement gives the Texas Education Agency the authority to collect statistics and data related to student physical activity and health. The survey will gather information on the implementation of school health-related policies and programs. The information will be used to develop reports, respond to legislative inquiries, and create relevant trainings and technical assistance systems to support districts in implementing school health programs.

We are requesting that this information be submitted only ONCE per school district using the online Survey Monkey website. Please identify the most appropriate person in the district to enter survey responses. This individual may want to work with other district employees to ensure that accurate responses are provided. These responses will be reflective of district-level policies and practices, as well as campus averages. Please note that Survey Monkey will **not** allow you to fill out part of the report and then come back later to complete. Therefore, it is recommended that you complete the attached copy of the survey in paper form, and then log onto Survey Monkey to enter and submit the information electronically at one time.

Please submit data for your district by January 28, 2009.

To enter the survey, go to: [https://www.surveymonkey.com/s.aspx?
sm=ZX73D3j1HAAaPJTXg_2fm6oQ_3d_3d](https://www.surveymonkey.com/s.aspx?sm=ZX73D3j1HAAaPJTXg_2fm6oQ_3d_3d)

Your input will help ensure a high-quality evaluation that the Texas Legislature can use in their efforts to enhance the success of Texas students. In addition, the survey will assist TEA in understanding how your district is implementing the school health mandates and other health-related programs and policies. Please keep a copy of the survey for your own records and supply another to the Superintendent.

If you have questions, please contact Marissa Rathbone, Director of School Health in the Division of Health and Safety, at (512) 463-3064 or at marissa.rathbone@tea.state.tx.us. The TEA thanks you for your time and appreciates your assistance in support of this important project.

Sincerely,

Marissa L. Rathbone
Director of School Health
Health and Safety

Jeff Kloster
Associate Commissioner
Health and Safety

Attachment: School Health Survey (pdf file)



Memo

To: Nurse Coordinator, Principal, or Superintendent
From: UTPA Border Health Office
Date: 1/13/2009
Re: Risk Assessment for Type 2 Diabetes in Children Risk Electronic Factor System Compliance

Introduction

The University of Texas-Pan American has placed certain security measures to ensure the quality and integrity of the use and access of its Information Resources. Information Resources at the university include, but are not limited to, access of its computer networks, access to secure websites, access to its computers, and other resources. These security measures have been established by the Texas Department of Information Resources Information Security and Risk Management Policy and Standards and Guidelines published in the Texas Administrative Code 1 TAC 201.13(b) and The University of Texas System Policy UTS 165. The policy applies to all users including students, faculty, staff, and OTHER users of the information resources including those listed above. It is the purpose of this policy to help The University of Texas-Pan American Border Health Office help maintain security of the Information Resources by providing a copy of this policy to all users as well as the integrity by identifying and confirming all users on our systems.

Purpose

The purpose of this policy is to help The University of Texas-Pan American Border Health Office maintain the security and integrity of the university's information resources. It will also serve as a way to help identify and confirm only those persons who are authorized users by providing a listing of those who access our Risk Factor Electronic System. Only those individuals who have been to certification training and have a current certification are allowed to have access except in special cases where our office has granted access on a case-by-case basis.

Listing of Authorized Users

The University of Texas-Pan American Border Health Office is required to obtain a listing of authorized users. The listing does not need to contain social security numbers, date of births, or any security sensitive identifiers; however, it should contain the user's name and their credentials such as RN, BSN, LVN, etc. The listing must have accountability by requiring a dated signature from a person in a higher authoritative level such as a Nurse Coordinator, or a Principal of a school, or a Superintendent of a school district. This listing should be mailed or faxed back to our office as soon as possible to help comply with the policies described above. A sample of a listing will be provided. Attachments will be accepted in place of the sample listing as long as our required information is provided.

Closing

The University of Texas-Pan American Border Health Office is required to help maintain the security and integrity of our information resources. If you need more information regarding this matter, please feel free to contact our office by phone at (956)318-8900 or by email at tmbhco@utpa.edu.

